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DUM DUM MOTIJHEEL RABINDRA MAHAVIDYALAYA

Regd. u/s 2(f) and 12B of the U.G.C. Act., NAAC Accredited

[Affiliated to West Bengal State University]

208/B/2, Dum Dum Road, Kolkata 700074

E-mail: ddmrm2020@gmail.com

ISO 9001:2015, ISO 14001:2015 and ISO 50001:2018 Certified Institution

Dum Dum Motijheel Rabindra Mahavidyalaya stands as a beacon of educational excellence, dedicated to providing a well-rounded and comprehensive learning experience. Guided by a forward-thinking approach, the college seamlessly integrates vital issues such as Professional Ethics, Gender Equality, Human Values, and Environmental Sustainability into its curriculum. This integration ensures that students are well-prepared to navigate the complexities of the modern world. The college breaks new ground by incorporating courses in professional ethics across a wide range of fields.

In addition to traditional subjects like commerce, these courses are also offered in less conventional areas such as Sanskrit, journalism, mass communication, and philosophy. This broad approach underscores the importance of ethical conduct across all disciplines. A strong commitment to gender equality is evident in the college's curriculum and activities. Through courses and discussions on gender studies, women's rights, and gender-based violence, the college promotes gender sensitivity and inclusivity. Subjects like English, Bengali, History, Political Science, Sociology, Economics, Education, and Journalism and Mass Communication feature Core Courses, Discipline Specific Electives (DSE), and Generic Electives (GE) that address these crucial topics. Human values, including compassion, empathy, integrity, and social responsibility, are deeply embedded in the college's curriculum. Particularly emphasized in the Education syllabus, these values aim to produce graduates who are not only knowledgeable but also ethically and socially responsible citizens. Environmental conservation is a priority for the college, with a focus on sustainability, climate change, and waste management Course (AECC) emphasizes environmental issues, encouraging students to adopt sustainable practices. The curriculum covers sustainable agriculture, renewable energy, and resource conservation. The college's commitment to excellence extends beyond academics into practical initiatives.

The Internal Quality Assurance Cell (IQAC) and Research Development Cell (RDC) organize seminars on Intellectual Property Rights to promote ethical research and academic practices.



Anijit Saha
Prof. (Dr.) ARIJIT SAHA
Principal & Secretary
Dum Dum Motijheel
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Meanwhile, the National Service Scheme (NSS) addresses critical social issues related to women and children. The Women Cell runs regular gender sensitization programs in collaboration with external experts. Celebrating International Women's Day and conducting Gender Audits highlight the college's dedication to inclusivity and continuous improvement. The NSS and National Cadet Corps (NCC) work together to foster human values and national integration, extending their influence beyond the college campus to contribute to communal harmony. The college extends its sustainability efforts to its physical campus. Through the Nature Club, it maintains trees and plants, demonstrating a strong commitment to an eco-friendly environment. Activities such as cleanliness drives, tree plantations, and World Environment Day celebrations, organized by the NSS, address issues like water conservation and plastic pollution. The college also implements a comprehensive chemical waste management system, promotes recycling, and discourages plastic use.

Dum Dum Motijheel Rabindra Mahavidyalaya's holistic approach to education—encompassing professional ethics, gender equality, human values, and environmental sustainability—sets a high standard for comprehensive learning. This model not only equips students with academic knowledge but also instils in them a profound ethical and social responsibility.



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One day Webinar on Re-reading: Women Empowerment

Organised by: Department of Philosophy & Internal Quality Assurance Cell

Speaker: Dr. Tripti Dhar, Associate Professor, Department of Philosophy, Raigunge University

DATE: 8.3.2021

FLYER/PHOTOGRAPHS

দুর্দমদম মতিজিহেল রবীন্দ্র মহাবিদ্যালয়
পশ্চিমবঙ্গ রাষ্ট্রীয় বিশ্ববিদ্যালয়ের দ্বারা অনুমোদিত
২০৮/বি/২, দুর্দমদম রোড, কলকাতা-৭০০০৭৪, পশ্চিমবঙ্গ

আন্তর্জাতিক নারীদিবস উপলক্ষে
একদিবসীয় রাজ্যস্তরের আন্তর্জাতিক আলোচনাচক্র
- বিষয় -
নারীর ক্ষমতায়নঃ একটি পুনর্বিবেচনা
(Re-Reading: Women Empowerment)
- আয়োজক -
দর্শন বিভাগ (Dept. Of Philosophy),
অভ্যন্তরীণ মূল্যায়ন নিধিরক সমিতি (IQAC) উইমেস সেল
- বক্তা -
ডঃ ত্রিপ্তি ধর
সহযোগী অধ্যাপক, দর্শন বিভাগ, রাইগঞ্জ বিশ্ববিদ্যালয়
তারিখ: ০৮.০৩.২০২১, সময়: বিকাল ৫.০০ টা
আয়োজনা মঞ্চ: Google Meet
কেবোনো সহযোগিতার জন্য Email: ddmrmseminar@gmail.com
আয়োজনা চল্যাকালীন অংশগ্রহণকারীরা
Chat Box এ Feedback form এর লিংক পাবেন
বে সেকল অংশগ্রহণকারী Feedback Form যথাযথ পূরণ করবেন, বৈদ্যুতিক শংসাপত্র
(e- certificate) অংশগ্রহণের মধ্যে পাবেন
আয়োজনা চক্রের বিমর্ষিত খসামসমে অংশগ্রহণের মেইল আইডিভে সেওয়া হবে
ক্রম নথিভুক্তকরণের নিমিত্ত অংশগ্রহণকারীরা অংশ নিতে পারবেন
এই আয়োজনাচক্রে অংশগ্রহণের উদ্দেশ্যে নাম নথিভুক্তকরণের লিংক
<https://forms.gle/rUSzqnHdirARpkC79>

Dum Dum Motijheel Rabindra Mahavidyalaya
(Affiliated to West Bengal State University)
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Webinar
On
নারীর ক্ষমতায়নঃ একটি পুনর্বিবেচনা
(Re-reading: Women Empowerment)
Organized by
Department of Philosophy
in collaboration with
Women's Cell
&
IQAC, Dum Dum Motijheel Rabindra Mahavidyalaya

Speaker:
Dr. Tripti Dhar
Associate Professor, Dept. of Philosophy, Raiganj University

Programme Schedule
Date: March 8, 2021, Time: 5:00 pm onwards
Inauguration: 5:00-5:05 pm
Speech by Dr. Tripti Dhar: 5:05-6:05 pm
Interaction Session: 6:05-6:25 pm
Vote of Thanks: 6:25-6:30 pm
Webinar platform: Google Meet
Join with Google Meet at 4:30 pm at
<meet.google.com/whh-dhnp-hzy>



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Report on International Women's Day Celebration

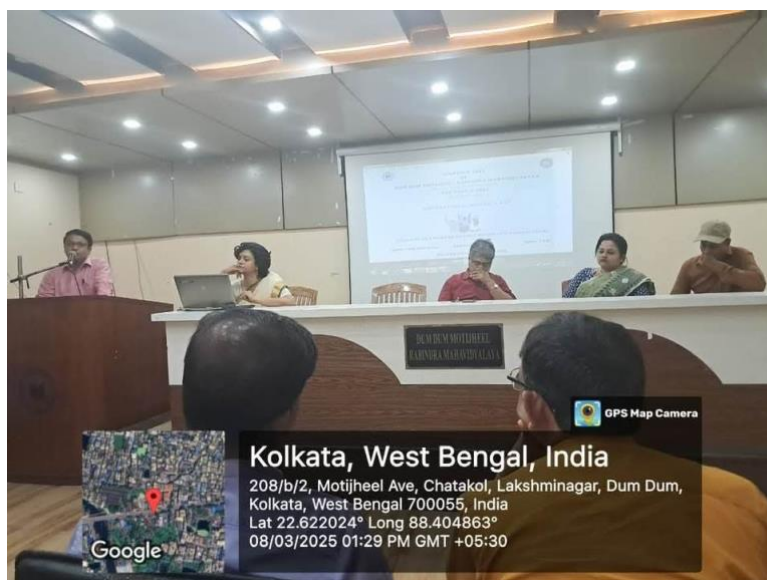
Organized by the Women's Cell, NSS Unit, and IQAC

Date: 8th March 2025

Venue: Dum Dum Motijheel Rabindra Mahavidyalaya

To commemorate *International Women's Day 2025*, the **Women's Cell**, in collaboration with the **NSS Unit** and **IQAC** of **Dum Dum Motijheel Rabindra Mahavidyalaya**, organized a vibrant and inspiring programme on **8th March 2025**. The event aimed to celebrate the achievements of women and promote awareness about gender equity, empowerment, and well-being.

The session commenced with **motivational videos** portraying the achievements and contributions of **Indian and international women** from various domains such as science, arts, sports, politics, and social work. These audiovisual presentations set an inspiring tone for the day. The event was graced by the esteemed presence of **Prof. (Dr.) Arijit Saha**, Honourable Principal of the college, who delivered an encouraging message, acknowledging the resilience and strength of women.



Sri Subhabrata Bhattacharya, the respected **Joint Coordinator of IQAC**, also shared insightful remarks on the importance of fostering a supportive academic and social environment for women in higher education.



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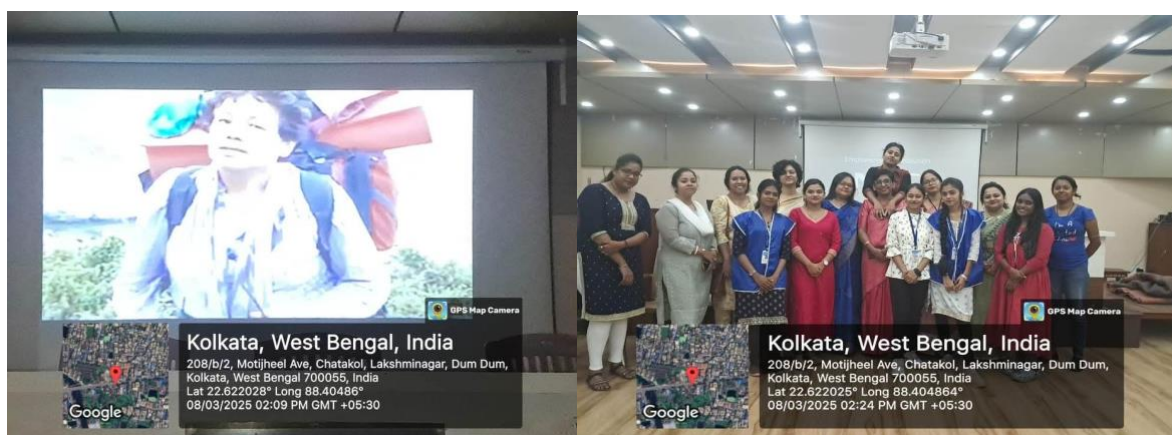
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The program witnessed enthusiastic participation from **faculty members, students**, and representatives of **IQAC, Women's Cell, and NSS Unit**, marking a collective commitment to gender inclusivity and empowerment.



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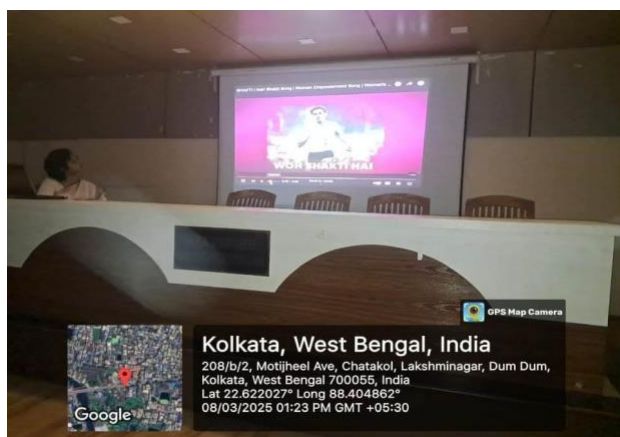
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Special Yoga Session:

A notable highlight of the celebration was a **yoga demonstration** led by the **girl students** on NSS unite of the college. This session emphasized the importance of **physical health, mental well-being, and inner strength**. Through various postures and breathing exercises, the students conveyed a message of empowerment through wellness.



Conclusion:

The Women's Day celebration at Dum Dum Motijheel Rabindra Mahavidyalaya was not only a tribute to the indomitable spirit of women but also a reflection of the institution's commitment to fostering an inclusive and empowered campus environment. The event concluded with a vote of thanks, reaffirming the importance of continued engagement in issues related to gender justice, health, and education.



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Certificate Course on Self Defense for Girls

Jointly Organised by: Women Cell & IQAC

In Association with

Dum Dum Karate and Yoga Academy

Date of Commencement: 19/12/2024 – 4/3/2025

Session: 2024-25

The Women Cell and Internal Quality Assurance Cell (IQAC) of Dum Dum Motijheel Rabindra Mahavidyalaya, in collaboration with the Dum Dum Karate and Yoga Academy, successfully organized a **15-day Certificate Course on Self-Defense** from **19th December 2024 to 4th March 2025**. This initiative was part of the institution's continuous efforts to empower female students by equipping them with essential self-defense skills, situational awareness, and confidence-building techniques aimed at ensuring their personal safety and psychological empowerment.

Inauguration Ceremony

The inaugural session of the course was conducted on **3rd December 2024** in the college's Seminar Room. It was graced by faculty members, dignitaries, and students, where the objectives of the program were outlined, and the significance of self-defense education for women was emphasized.



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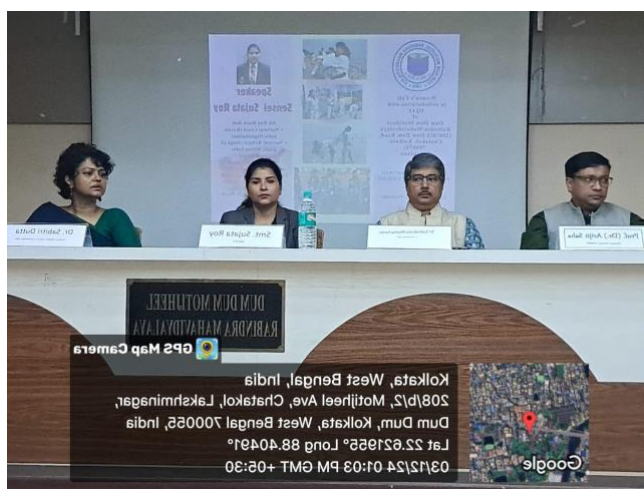
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Pictures of inauguration:



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Enrollment and Participation

A total of **28 female students** enrolled for the course. Among them, **6 students successfully completed** the entire training program, meeting all practical and theoretical requirements to earn the Certificate of Completion. The sessions witnessed consistent participation, with students showing keen interest and enthusiasm throughout the program.

Expert Guidance and Curriculum

The course was conducted under the expert supervision of **Sensei Sujata Roy**, Chief Instructor of Dum Dum Karate and Yoga Academy. She holds a **4th Dan Black Belt**, is a **National Coach (Karate India Organisation)**, and a certified **A-Grade National Referee and Judge**. She also



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serves as the **Under-14 Girls Coach**, bringing with her extensive experience and dedication to martial arts and women's safety training.

She was ably supported by **Sensei Keya Deb Roy**, another highly skilled and experienced self-defense instructor. Their combined mentorship ensured that the training was both comprehensive and impactful.

The training curriculum included:

- **Practical demonstrations** of self-defense techniques
- **Basic martial arts movements**
- **Real-life scenario enactments**
- **Situational awareness training**
- **Psychological conditioning and confidence-building exercises**

Student attendance sheet:

DUM DUM MOTIJHEEL RABINDRA MAHAVIDYALAYA												
Attendance Sheet												
Name of the Course: Certificate Course on Self Defense for Girls												
Jointly Organised by: Women Cell & IQAC												
Date of Commencement: 19/12/2024												
Session: 2024-25												
Duration: 15 Days												
Instructor: Sensei Sujata Roy & Sensei Keya Deb Roy												
Sl. No.	NAME	DEPARTMENT	SEM	19/12/24	20/12/24	21/12/24	22/12/24	23/12/24	24/12/24	25/12/24	26/12/24	Signature of the Instructor
1	Monali Mandal	Journalism and mass communication	1st	P								Keya Deb Roy
2	Birajita Dey	Journalism and mass communication(hons)	3rd	P	P	P	P	P	P	P	P	Keya Deb Roy
3	Bidisha Ghosh	Journalism & mass communication	3rd	P								Keya Deb Roy
4	Rinku Dey	B.A. general	1st									Keya Deb Roy
5	Manasi Bhattacharya	BA (General)	1st									Keya Deb Roy
6	Preyashree Muhuri	B Com (Hons)	1st									Keya Deb Roy
7	Rashmi Das	B.A. in English (hon)	1st									Keya Deb Roy
8	Sneijita Naskar	B.A. general	3rd									Keya Deb Roy
9	Sujata Seal	B.A. general	5th									Keya Deb Roy
10	Minati mandal	Ba general	5th									Keya Deb Roy
11	Tanisha Dolui	B.A. general	1st									Keya Deb Roy
12	Astami chakraborty	BA general	1st	P								Keya Deb Roy
13	Sneha sharma	B.com	1st									Keya Deb Roy



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Sl. No.	NAME	DEPARTMENT	SEM	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	Signature of the
14	Nabanita Debnath	B.com	1st																
15	Sanchita poddar	B.com	5th	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
16	Sabini Gharami	B.A general	1st																
17	Jisha Paul	Journalism and Mass Communication	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
18	Swarnali Nag	Journalism & Mass Communication	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
19	Rubia Khanam	English	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
20	Rinpa Bala	English	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
21	Kiya Goswami	Geography hons	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
22	Sumi Das	B.A general	3rd																
23	Promita Paul	B.A General	3rd																
24	Pranali Pandey	B.A General	3rd	P															
25	Ankita Paul	B.A General	3rd	P															
26	Sumi Das	B.A General	3rd																
27	Sangita Naskar	B.A general	1st	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
28	Aishwarya Saha			P															

Feedback and Response

Participants reported a highly positive learning experience. They appreciated the hands-on approach, the supportive environment, and the relevance of the skills taught. Many students noted a significant boost in their confidence and a greater sense of personal security as outcomes of the training.



Training session



Training session



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Examination sheet

DUM DUM KARATE & YOGA ACADEMY
Affiliated to: Global Shotokan Karate-Do Association of Bengal
GSKAB Member:- Karate Association of Bengal (K.A.B.), K.A.B. Member:- Karate India Organization (K.I.O.)
KIO Member:- Asian Karate-Do Federation (A.K.F.), World Karate-Do Federation (W.K.F.)
WKF, Recognized by:- International Olympic Committee
Mob:- 9830355608, E-mail:- sujatamukherjee@gmail.com
Chief Instructor:- Sensei Sujata Roy (4th DAN Black Belt, National Referee, Coach [Karate India Organization])
ADM. OFFICE 192, Vivekananda Road, Kolkata - 700065

Date: 4th March, 2025
Test For: Self Defence
Venue: Dum Dum Motijheel Rabindra Mahavidyalaya

Examination Sheet

Sl. No.	Name	Fitness	Dachi	Zuki	Uke	Geri	Wazas	Kihan	Kumite	Theory	Total
1	Birajita Dey	9	10	10	10	9	9	9	9	8	83
2	Jisha Paul	8	8	9	9	9	9	9	8	9	78
3	Swarnali Nag	8	9	10	10	10	10	10	9	9	85
4	Rubia Khanam	9	10	10	10	10	10	10	10	9	88
5	Keya Biswas	8	8	9	8	8	8	9	8	8	74
6	Sangita Naskar										
7											
8											
9											

Sujata Roy
4/3/25

Conclusion and Future Plans

The Women Cell and IQAC extend heartfelt thanks to the instructors, particularly Sensei Sujata Roy and Sensei Keya Deb Roy, for their expert guidance and dedication. Gratitude is also due to all the participants for their enthusiastic involvement and commitment.

Encouraged by the success of this program, the college looks forward to organizing more such initiatives in the future. These programs not only enhance the physical preparedness of our students but also contribute significantly to their emotional resilience and self-reliance.



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